



# DAILY BOOST

16 MENACHEM AV

GEULAH THROUGH GOLUS

ב"ה

## HEALING

*Why is the 15th of Av such a joyous festival?*

*On that day, the Tribes were permitted to marry each other;*

*On that day, the tribe of Binyomin was reaccepted after civil war;*

*On that day, the decree on those [who were supposed to] die in the desert was lifted;*

*On that day, Hosea removed the roadblocks set by Yeravam to prevent pilgrimage to the Temple;*

*On that day, those massacred at Beitar were buried.*

*(Talmud, Taanis 30b-31a)*

The 15th of Av symbolizes the transformation of the sorrow of exile into the joy of Redemption. Specifically, it was a day of healing, when the divisions between man and his fellow and between man and G-d were rectified.

This rectification reverses the cause of the destruction of the First and Second Temples. It is impossible to exist as a people without unity with each other, nor can we have a spiritual existence without unity with G-d. Reclaiming this unity prepares the way for the Final Redemption.

*Talmud, Taanis 30b-31a*

