



DAILY BOOST

29 TEVES

CELEBRATING MIRACLES

ב"ה

SUMMARY

The Alter Rebbe once said..., "Know what is above you" (Avot 2:1). Know that everything "above" in the supernal realms all comes "from you"; it all depends on man's efforts. (Hayom Yom, 13 Iyar)

Miracles are not necessary for Moshiach to prove himself. However, many miracles will be necessary for the complete Redemption. Each of these miracles is somehow a result or symptom of the changes that Moshiach will bring to the world and to Man.

Ultimately, however, all of the miracles of Moshiach, as fantastic as they may be, have to start with us. We need to change the way we live our lives and the way we see the world. When we transcend our nature and live a supernatural life, we open up the realm of supernatural possibilities.

Here are some suggestions that the Rebbe made to help us transcend our nature, and reveal the supernatural within:

- Constantly add and grow in the study of Torah and observance of mitzvos.
- Unite intellect and faith by striving to understand your beliefs and to recognize the limitations of intellect.
- Appreciate the essential value of action, mitzvos, a Jew, and everything in life.
- Perhaps most of all, fill your life with joy, for joy breaks through all barriers.