



DAILY BOOST

16 TISHREI

ESSENCE OF MOSHIACH

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THE ESSENCE OF MOSHIACH

The soul is called by five names: nefesh, ruach, neshamah, chayah, and yechidah. (Bereishis Rabah 14:9, 2:37)

King Dovid merited the level of nefesh, Eliyahu—the level of ruach, Moshe—the level of neshamah, Adam—the level of chayah, and Moshiach will merit the level of yechidah. (Shaar Hagilgulim, ch. 1)

The human soul has five names. These names correspond to its five functions and qualities.

1. Nefesh corresponds to action.
2. Ruach corresponds to emotion.
3. Neshamah corresponds to intellect.
4. Chayah corresponds to desire.
5. Yechidah (“singular”) corresponds to the innermost self.

Moshiach embodies the self-actualized man, someone who is one with his essence. However, Moshiach will also have the unique ability to bring out the essence in everything and everyone around him, including you.

Maamar Purim 5620, 5715, 5730

