



DAILY BOOST

3 MENACHEM AV

GEULAH THROUGH GOLUS

ב"ה

G-D'S HOUSE

When King Solomon completed construction of the First Temple, he declared, "Will G-d dwell with men on earth? The heavens and the heavens of the heavens cannot contain You; how will this house that I have built?"

(Divrei HaYomim II 6:18; Melachim I 8:27)

During Av, we mourn the destruction of the Holy Temple, the House of G-d. But G-d is not physical. So what, then, is the purpose of building a house for G-d? The soul fills the entire body and gives it all life.

Consciousness, the way the soul is manifest, is seated in the brain, and from there it spreads throughout the body. Similarly, G-d fills the entire world; however, the Temple, the House of G-d, is a place where G-d's presence is manifest in a way that we can know Him.

Knowing that G-d is always with us, even in exile, is not enough. We must also sense and feel G-d's Presence. Spreading the awareness of G-d helps to hasten the Redemption.

Tanya chapt. 51 and on

