



# DAILY BOOST

20 KISLEV

CHASSIDUS AND MOSHIACH

ב"ה

## GOOD RESOLUTIONS

On this day, the Alter Rebbe's most fundamental work, the Tanya, was printed for the first time.

*It is written (Tehillim 55:19), "He redeemed My soul in peace from the battle that came upon me..." The Holy One, blessed be He, says, "If a man occupies himself with Torah study and with works of charity and prays with the congregation, I consider it as if he has redeemed Me and My children from among the nations of the world." (Talmud, Berachos 8a)*

Each of us must take what we learn in Chassidus and spread it by making firm resolutions in the areas of Torah study, works of charity, and prayer.

*Sefer HaSichos 5752, pg. 172*